



# Leicester Centre for Mental Health

## Newsletter #1

A centre for research, training and innovation: January 2018 update

The consultation event in October 2017, led to the identification of three core areas of focus for our centre:

1. Equality and diversity
2. Digital health
3. Building networks

We now have a base for the centre and a postal address:

**The Greenwood Institute,  
Westcotes Drive, Leicester,  
LE3 0QU**

Administrator – Sheila Ghandi

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Many areas were important including:  
**Community and public involvement**

**Local research**

**Prevention work**

**Wellbeing**

**Working partnerships between organisations**

**Training**

**Sustainable mental**

**Areas of research:**

The consultation event provided many ideas for good areas of research. The discussions identified that core areas of concern related to: lack of access to services; supporting staff in the public sector; parental mental health; and poverty and mental health. Furthermore, groups felt that this was necessary at the levels of promotion, prevention and intervention.

**Role of the centre:**

It was suggested that the role of the centre should include raising awareness of mental health, promoting an integrated approach across agencies, helping frontline staff, translating evidence, and reducing anxiety around research. The centre can also help to tackle stigma and build networks.

**Aim of the centre**

Our aim is to develop a centre of excellence in integrated mental health research and education for practice and service development in Leicester, Leicestershire and Rutland

**The Leicester Centre for Mental Health aims to promote good quality scientific research in mental health and to apply research evidence to improving the mental health of the population of Leicester, Leicestershire and Rutland, but in addition to influence nationally and internationally. The focus of the centre is routed in integrated care. By this we mean; integration of physical/mental health, social care, as well as in a multi-professional and multi-agency approaches to the promotion of mental health, including primary, local and specialist services. Inclusion and partnership are the key values of the centre. The Centre values the diversity of the population as its strength and has a special focus on creating, as well as on applying evidence that is based on the cultural aspects of mental health care.**

**Future Directions:**

**We are now working on our mission statement, core objectives, and future directions.**

**We will be hosting a launch in event later in 2018 and we will be sending out invites.**

**Our current stakeholders include:**

Leicester Partnership NHS Trust  
De Montfort University  
University of Leicester  
Leicester County Council  
Leicester City Council  
Rutland County Council  
Leicester City MH commissioning Groups  
Health and Wellbeing Board  
Leicester Recovery College  
Voluntary sector agencies (LAMP, ADHAR)  
User and carer groups and organisations