

# LCMHR Newsletter #3

# LCMHR

LEICESTER CENTRE FOR MENTAL HEALTH RESEARCH

Following our launch event and subsequent events, we have been listening to your views and ideas. Based on those discussions we have now created six sub-groups – specialist clusters – and you will be asked to identify which ones you would like to be associated with.

## **Child & Adolescent Mental Health**

Led by Sarah Adams (UoL)

and

Tania Hart (DMU)

## **Culture, Ethnicity & Mental Health**

Led by Nadia Svirydzienka (DMU)

and

Fabida Noushad (LPT)

## **Adult Neurodevelopmental Disorders**

Led by Sam Tromans (LPT/UoL)

and Alison Drewett (UoL)

## **Suicide Awareness & Mental Health**

Led by Mohammed Abbas (LPT)

and

Michelle O'Reilly (UoL/LPT)

## **Resilience, Wellbeing & Mental Health**

Led by John Maltby (UoL)

## **Ageing & Mental Health**

Led by Elizabeta Mukaetova-Ladinska (UoL/LPT)

If you would like to be associated with a specific cluster then please do get in touch with us and we will make sure that this is updated on the database:

[LCMHR@leicester.ac.uk](mailto:LCMHR@leicester.ac.uk)

We have been busy with events, and last year there were two events associated with the LCMHR, involving our members, steering group and directors.

**Mental Health in Schools**  
**5<sup>th</sup> June 2019**  
**Stamford Court, Leicester**

We were delighted to advise that the School of Education (University of Leicester) hosted its first Mental Health in Schools Conference on Wednesday 5th June 2019. The aim of the conference was to support professionals in talking about mental health issues experienced by children and young people. Designed for those working with children with mental health difficulties in both Primary and Secondary school settings, the conference explored issues including self-harm, social media, mental health needs of vulnerable groups and understanding mental health needs from a parent's perspective.

Speakers included expert contributors from child psychiatry, neurodevelopment, social media and self-harm research, as well as Rachel Walters, the DfE East Midlands Regional Lead for Mental Health. Feedback from delegates suggested that the day provided great opportunities for schools to network in a supportive environment and for teachers to contribute their experiences and perspectives.

Dr Michelle O'Reilly, one of the directors of the LCMHR presented at this event talking about social media and adolescent mental health.

The event was attended by 41 delegates for whose contributions we are most grateful. We are planning to organise further activities to build on the conference.

This event was organised and ran by Sarah Adams (School of Education, University of Leicester) who is the cluster lead for Child and Adolescent Mental Health in the LCMHR.

**Multi-Agency Learning Event:  
Learning from when Young People take their Lives  
13<sup>th</sup> May 2019 : Place DMU (Leicester)**



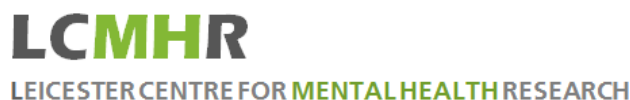
**Description of Event**

LCMHR, LPT and DMU in partnership hosted a multi-agency conference at De Montfort University entitled ‘Learning from when Young People take their Lives’. Speakers included consultant psychiatrists Dr Mohammed Abbas and Dr Khalid Karim, who explored the motivations behind suicidal behaviour and the extent to which the factors around suicide in children and young people are different to those affecting adults. In addition, Dr Rob Howard and Dr Mike McHugh from Leicestershire County Council’s public health team discussed key learning points emerging from audits undertaken locally by the Child Death Overview Panel. The headline address was given by Cathryn Rodway, programme manager for the National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH), a UK-wide study that aims to improve the safety of mental health care.

Some 150 delegates from local agencies including the Police, Leicester, Leicestershire and Rutland Children’s Safeguarding Boards, Social Care, Education and the Voluntary sector, joined health colleagues at the event to explore how partner agencies can work together effectively both to understand the risk factors that can lead children and young people to take their own lives, and to intervene early.

## Events Coming in 2020

Because of COVID-19 we are hosting our events for the remainder of this year online and we welcome you all to attend. We have this event in September and will inform you of our plans for another in November.



### Research into Neurodevelopmental Conditions

**30<sup>th</sup> September 2020 (13:15 – 16:30pm) : Virtual Conference: Via the Microsoft Teams Platform**

1:15 – 1:30pm	<b>Introduction by Professor Satheesh Gangadharan</b> <i>Leicestershire Partnership NHS Trust and University of Leicester</i>
13:30 – 13:40pm	<b>Tadhgh Lane</b> <i>Expert by experience</i> <b>The Vital Role of Research in Improving the Clinical Outcomes and Quality of Life for Individuals with Neurodevelopmental Conditions and their Families</b>
13:40 – 13:50pm	<b>Doctor Rohit Shankar</b> <i>University of Exeter and Cornwall Partnership NHS Foundation Trust</i> <b>Personalised Medicine in Epilepsy and Intellectual Disability</b>
13:50 – 14:00pm	<b>Professor Regi Alexander</b> <i>University of Hertfordshire, Royal Society of Medicine and Hertfordshire Partnership NHS Foundation Trust</i> <b>Offending Behaviour and Forensic Services</b>
14:00 – 14:10pm	<b>Danielle Adams</b> <i>University of Warwick</i> <b>The Evidence Base of the Effects and Processes of Deprescribing Psychotropic Medicines in People with Intellectual Disabilities</b>
14:10 – 14:20pm	<b>Verity Chester</b> <i>University of East Anglia and Hertfordshire Partnership NHS Foundation Trust</i> <b>The Recognition and Diagnosis of Autism in Women and Girls</b>
14:30 – 15:00pm	<b>Panel Discussion</b>
15:00 – 15:10pm	<b>Break</b>
15:10 – 15:20pm	<b>Doctor Dheeraj Rai</b> <i>University of Bristol and Avon and Wiltshire Partnership National Health Service Mental Health Trust</i> <b>Autism: Causes, Consequences, and Interventions for Mental Health Problems</b>
15:20 – 15:30pm	<b>Professor Elizabeta Mukaetova-Ladinska</b> <i>University of Leicester and Leicestershire Partnership NHS Trust</i> <b>Ageing and People with Developmental Disorders</b>
15:30 – 15:40pm	<b>Alison Drewett</b> <i>University of Leicester and De Montfort University</i> <b>Inpatient Autistic Adults in Mental Health: Accomplishing Care Work in Ward Rounds</b>
15:40 – 15:50pm	<b>Doctor Samuel Tromans</b> <i>University of Leicester and Leicestershire Partnership NHS Trust</i> <b>The Prevalence of Autism among Adults within Acute Psychiatric Inpatient Settings</b>
15:50 – 16:20pm	<b>Panel Discussion</b>
16:20 – 16:30pm	<b>Closing Address</b>

For any enquiries regarding the event, please contact Sam Tromans [slt56@leicester.ac.uk](mailto:slt56@leicester.ac.uk) or Satheesh Gangadharan [Satheesh.Gangadharan@leicspart.nhs.uk](mailto:Satheesh.Gangadharan@leicspart.nhs.uk)

